SUMMER HOLIDAY HOMEWORK
2023-24
Class- VII

NAME _____

CLASS VII

HOLIDAY HOMEWORK

SCIENCE

Dear Children,

It's time for the summer vacation, and it is the time where we have fun with our family members. So we have designed some fun projects for your holidays that will help you learning with enjoyment along with your family.

PROJECT: HEALTHY LIFESTYLE

As we discussed the topic Nutrition in Animals in the class and we hope that you have realised how important it is for us to have balanced diet in order to keep our body working and healthy, based on the topic following activities are designed.

ACTIVITY 1: Discuss with your parents and grandparents, the way to lead a healthy life. Based on the discussion design a diet plan for the children of your age group with tips and suggestions to lead a healthy life.

ACTIVITY 2: Work on your self-healing power and write various ways to boost your immune system**.**

ACTIVITY 3: Fast food is not good for health. Compose a story (150-200 words with pictures and drawings) with this message wherein a girl or boy explains to her/his younger brother, the bad effects of eating fast food.
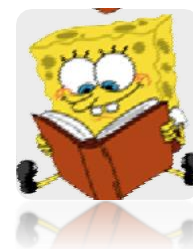
Hope you enjoy doing these activities with your family.

Wishing you happy and safe holidays.

HOLIDAY-HOMEWORK
(Class: VII   Sub: Geography)

To all oUr dear Seemax familieS,
We wiSh yoU the happieSt, healthieSt and SafeSt of SUmmeRS!
Enjoy yoUr time together!

ACTIVITY TIME

Choose the Topic Based On Your Interest

1. Make a model of any landform like - mountain, plateau, plain, grassland, river, island, dunes etc using the waste material from your home.
   Reference link : *Click here*

2. Recreate anything from your home and give it an earthy look.

   Like- paint a pot, a piggy bank, a wall hanging, a T- Shirt, a cushion etc.

For example–

And use it for class and home decoration.

Class 7
Holiday Homework

Puzzle 1

Fill in the blank space of the following magic square so that the sum of the numbers in each row, each column and each of the diagonals is – 6.

(i)

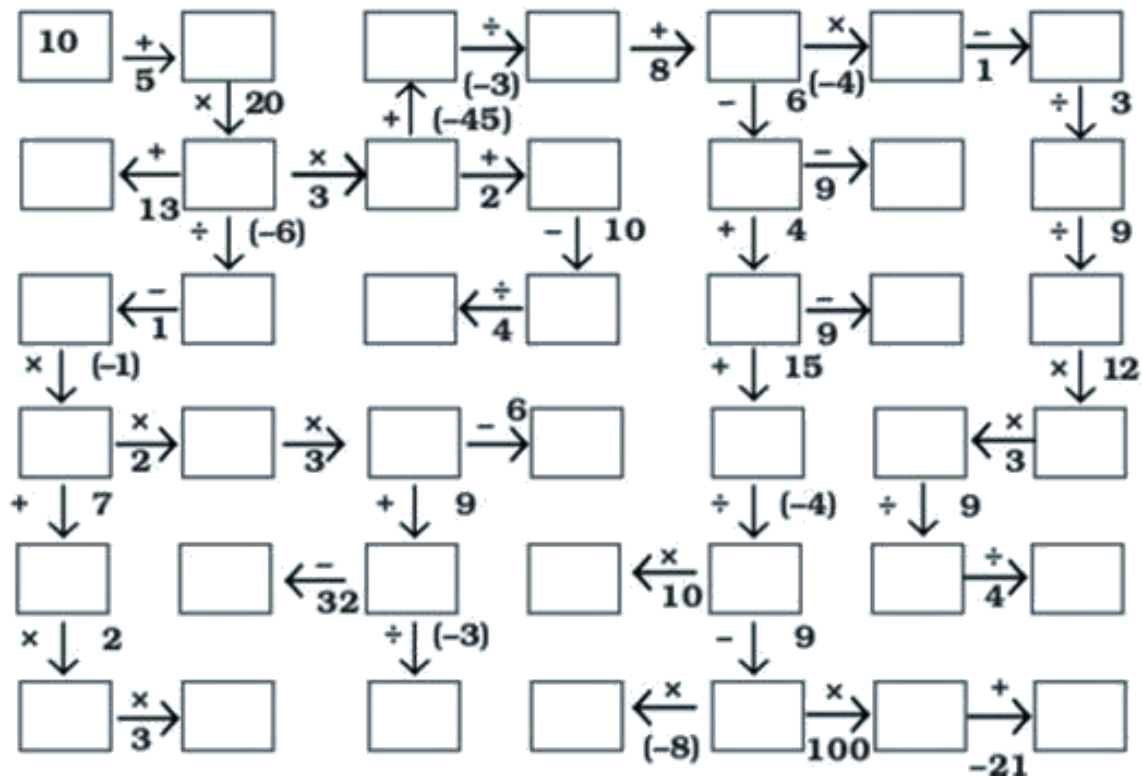| –1		
3	– 2	
	5	

(ii) In this magic square, sum of the numbers in every row, column and each of the diagonals is – 2. Fill in the blank:

7		– 6	
		1	
0	– 2		
– 5		6	– 8

Mathematics

Puzzle 2

Complete the number grids by following the direction of arrows.

PROJECT WORK

➢ Application of Mathematics in other fields

THINGS TO REMEMBER (by Heart) BEFORE COMING TO SCHOOL

➢ Tables up to **25**

Activity

History

1. **Explore the information about the two historical monuments, Taj Mahal and Qutub Minar and try to make a painting of these monuments highlighting the architectural features such as arch etc. (in a thin copy)**

Civics

1. **Draw a painting show the role of doctors as frontline workers during the Covid-19 current pandemic.**
2. **Collect newspaper cuttings highlighting the discrimination against Dalits and paste them in your notebook.**

English
Class 7

1. Read an article on a topic of your choice and stick it in your Holiday Homework journal. Notice the words with reference to the forms of words you have studied in class. Make a table marking the various columns with the different parts of speech used in the article that you read

Example:

Nouns	Verbs	Adjectives	Adverbs

2. Write a leave application to your class teachers to grant you leave for a week.

Sanskrit
Class- VII

१ .कोई पांच श्लोक चार्ट पेपर पर लिखो
2. बालक व नदी के शब्द रूप लिखे
३ .पठ धातु के सभी लकारो के रूप लिखो

Hindi
Class- VII

1)- परियोजना(Project)कार्य- ग्रीष्म ऋतु पर आधारित कविता चित्र सहित A-4 साइज़ शीट पर लिखकर परियोजना तैयार कीजिए।

2)- प्रतिदिन समाचार पत्र पढ़ें और बढ़ती हुई इस महामारी कोविड-19 के समाचारों को चित्र सहित लिखकर परियोजना तैयार कीजिए, और बताइए कि इस बीमारी से बचने के लिए हमें क्या-क्या सावधानी बरतनी चाहिए?

3)- कोई भी दस मुहावरे लिखकर वाक्यों में प्रयोग कीजिए।

SUBJECT: COMPUTERS

I. **Prepare a worksheet that contains the marks obtained in different subjects by the students of your class. Now perform the following tasks:**

1. Calculate the Total marks.
2. Calculate the Average marks for the percentage of the student.
3. Decide the rank secured by each student.
4. Calculate the minimum and maximum by using functions.
5. Create 20 rows.
6. Use Sum () and Average () functions to find total marks and average.
7. Insert Column Chart, Pie Chart and Line chart in an excel sheet for the

table. **A sample table is given for your reference**

Roll no	Name	Eng	Hindi	Maths	Science	S.St	Comp	Total	Average	Rank	Max	Min
1.	Anhad	90	87	79	98	87	90					
2.	Ramesh											
3.	Ahmed											

Note: Holiday Homework to be done in MS Excel and colour each column to make table attractive.